

# ***Rules and Regulations for Soccer Tennis***

*(eff. January 2021)*



The O-65 Division is an FC Georgia United approach to provide “organized scrimmage games” every Sunday and in addition, a non- contact sport, “Soccer Tennis” during the week for players who are 65 years and older.

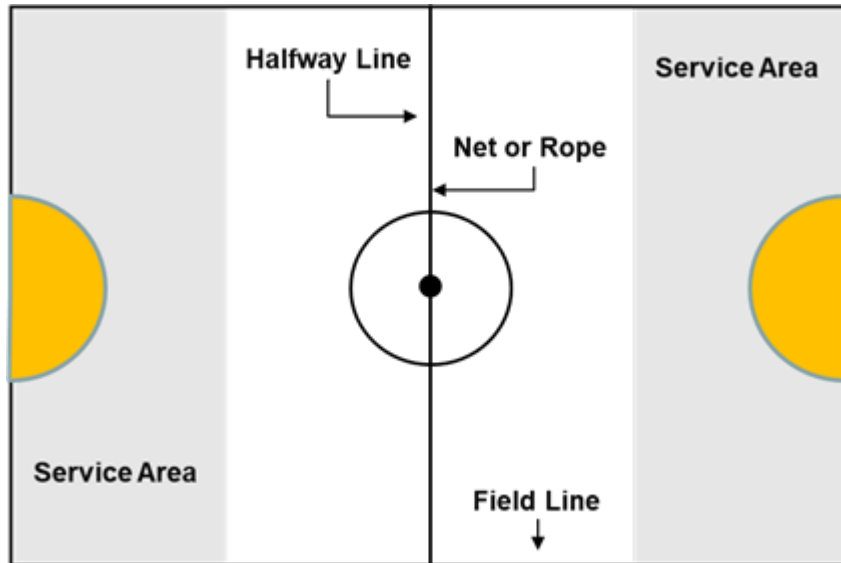
## **1. General**

In soccer tennis, two teams of a maximum of four players face each other. Each team is stationed in its own half of the field, and the two halves of the field are separated by a net or a rope.

## **2. Field Size**

Youth size fields.

The basic layout of our soccer tennis field:



**3.** The two halves of the playing field are separated by a net or a rope. The net rope height corresponds approximately to the height of a tennis net. The playing field is outlined by side and base lines. These lines are a part of the field in the game - balls that fall on the line are not counted as “out”. There is no marked line indicating the service fields. The lines correspond to half of the respective playing field. The serve, i.e., the first stroke of every rally, must be made from the service area.

**4. Team Roster**

A team consists of four players (plus substitutes). Substitutions are permitted as often as required, but only when the game is interrupted.

**5. Match Length**

60-minute games (4 x 15 minutes with a 5-minute break after each 15 minutes).

**6. Kick Off**

The ball is brought into play with the foot. The player must stand in the service area. The ball can be brought into play with the foot after bouncing on the ground. The ball must be played directly into the opposing field and must hit the ground once. During the face-off, the ball may not be volleyed back by the opposing team. Ball must hit the ground first.

**7. Ball In and Out of Play**

The ball is out of play whenever it is completely outside the edge of the touchline or the goal line either on the ground or in the air. The ball is in play if any part of the ball is inside or touching the touchline.

**8. Method of Scoring**

Both direct winning strokes - i.e., when the opponent can no longer hit back the ball struck into his field - as well as opposing team’s mistakes are counted as points. The points are tallied at the end of the entire game.

The first entry in the game is decided by a coin toss, each further entry is made by the team that scored the last point. A team can only get the right to serve by scoring a point.

### **Mistakes and points**

Both own points and opposing errors are included in the scoring of a team.

### **Direct points are achieved through attack hits**

The ball may be played with any part of the body except for arms and hands. Every mistake by one team means that the other team wins points. The ball can touch the ground a maximum of three times within each half of the playing field. Within the team, the ball may be played three times before it must be played over the net / rope again. It is permitted that a player has up to three ball contacts in a row without another player touching the ball in between, but the ball must not touch the ground between ball contacts.

### **The following errors lead to a point gain:**

- a. The ball hits the ground twice in a row or more than twice in total
- b. The ball is not played over the net after the third touch within a team
- c. The ball is played into the net
- d. The ball is played over the net and touches the ground outside the field marking (line belongs to the field of play)
- e. The ball is played up by a player more than three times in a row
- f. The ball is played by a player with his arm or hand
- g. The ball touches the net or the string when it is indicated

A mistake by one team means that the other team wins points. Once a team makes a mistake, the other team serves the ball.